



Agreement of Release and Waiver of Liability

(Aspen, Aspen Yoga, Aspen Yoga Airdrie shall also be known as Jennifer Boppre)

Email (required) _____

Date of Birth _____

Are there any injuries, ailments, or medications, pregnancies that Aspen Yoga Airdrie should know about?

I, (print name) _____, understand and agree to the following:

1. ANY type of yoga requires physical exertion that may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
2. It is my responsibility to consult with a physician prior to, and regarding my participation in any yoga/meditation, class or workshop. In represent that I am physically fit and have no psychological, emotional, or medical condition that would prevent me from safe participation in any yoga/meditation workshop or class.
3. Aspen (Jennifer Boppre) may provide physical adjustments during class. It is my responsibility to inform Aspen (Jennifer Boppre) prior to the start of the class if I do not want such physical adjustments. It is also my responsibility to inform Aspen (Jennifer Boppre) when an adjustment has gone too far as I desire at that time.
4. Payments made to Aspen (Jennifer Boppre) are non-refundable, non-transferable.
5. Make-up classes. If a class/workshop is missed due to illness or extenuating circumstances, I agree to discuss with Aspen a suitably agreed upon day and time to make up the class/workshop.
6. I hereby give permission for Aspen to use my photo, video image of me taken in any class/workshop at the studio or in which I may be included for any purpose authorized by Aspen Yoga Airdrie, including but not limited to social media, website use, publications, advertising. Including the right to modify and retouch the image. I am aware that there will be no compensation to me for this use, and I will not be given the opportunity to inspect, approve the finished image or advertising copy, or printed matter that may be used in connection therewith.
7. I release and discharge Aspen Yoga Airdrie (Jennifer Boppre) from any and all liability, claim, demand, or action that I may have resulting in injury, death, or damages arising from my participation in the yoga/meditation, class/workshop. Including loss that may be caused by the negligence of the released party Including classes/workshops taking place outside of Aspen Yoga Airdrie Studio premises.
8. I release and discharge Aspen Yoga Airdrie (Jennifer Boppre) from any and all liability, claim, demand, or action that I may have related to loss, theft, damage of any of my personal property while participating in any yoga/meditation, class/workshop at Aspen Yoga Airdrie studio or away from studio premises.
9. I recognize that this agreement of release and waiver of liability is a legal contract and that, by reading it carefully, I have complete knowledge of its contents.

I have read this agreement and fully understand its content and meaning and sign it of my own free will and I am over age 18.

Date: _____

Participant signature: _____

Phone number: _____